

Welcome

to



**MYSTIC
MEADOWS**
REHABILITATION AND NURSING CENTER





Welcome to Mystic Meadows Rehabilitation and Nursing Center!

We thank you for entrusting us with your care, and for letting us be a part of your recovery!

At Mystic Meadows, we believe in an interdisciplinary approach to recovery. We have a team of professionals who will be working closely with you to ensure a positive outcome and to see that you are safely discharged from our facility.

The cornerstones of our care are excellent nursing and rehabilitation departments working together with you and your physician and physiatrist to attend to your physical well-being. A dietitian will help you with the best possible nutrition. A social worker is available for counseling, and will work with you, your physician, and the rehabilitation department concerning your discharge. Our recreation department is at your service for leisure activities, magazines, in-room movies, manicures, entertainment, and religious services. We also have a Beauty Salon/Barber Shop to keep you looking your best as you continue to get better.

Alycia Marchetti

Director of Admissions and Community Engagement



Phone Extension Directory

Reception _____	5000
Comfort Cove Nurses Station _____	5026
Mallard Nurses Station _____	5007/5008
Harbor Nurses Station _____	5010/5011
Kitchen _____	5027

Wi-Fi Information

Username: **Mystic-Guest**

Password: **No password required**

Phone

Landline services are FREE of charge.

To dial out, press 9 and then the number including area code. For internal extensions, dial the number directly.



What to Expect During Your Stay

The following is an overview of the services we provide to our patients.

ADMISSIONS

Our admissions office is open Monday through Friday from 8:30am to 4:30pm. For your convenience, we are also available 24/7 to assist with any needs after hours. Once you are settled in your room, an admissions coordinator will come see you to complete all the necessary paperwork. Please have your insurance cards, COVID-19 vaccine cards (if applicable), and any other pertinent information available.

If you are admitted outside of office hours, we will schedule a time for an admissions coordinator to see you.

PHYSICIAN SERVICES

Each patient at our facility (whether you're here for short-term rehabilitation, a respite stay, long-term care, or hospice services) will be assigned to a dedicated physician group. Your assigned physician, along with their team of clinicians, will be responsible for your care throughout your stay. They will be available to address your daily medical needs and ensure that you receive the attention and support necessary for your well-being.



MEDICATIONS

Medications will be provided by our contracted pharmacy. Upon admission, your hospital discharge medications will be ordered and sent directly to the facility. There is no need to provide your own medications as these are all included in your stay, unless otherwise instructed.

SOCIAL SERVICES & DISCHARGE PLANNING

Soon after admission, you will receive notification of your initial care plan meeting. A care plan meeting is your and your loved ones' opportunity to meet with the interdisciplinary team and review your goals and discharge plan.

Our social services department will work with you to ensure that your discharge plan meets your goals and aligns with the recommendations from your primary physician and team. They are committed to helping you find the resources you need, whether you're preparing to return home or seeking suitable placement options; be it with family, assisted or independent living, or long-term care within our facility.

For those transitioning back to their homes, our social worker will assist in arranging all necessary equipment, coordinating home care services, and setting up outpatient or home therapies.

Discharge time is between 9:00am and 11:00am on your designated discharge date. We aim to make your transition as smooth and comfortable as possible, ensuring that both you and your family are well informed and supported throughout the process.



THERAPY

The goal of our rehabilitation department is to help you regain your previous level of functioning—or even surpass it! We provide in-house physical, occupational, and speech therapy, ensuring that each patient receives a personalized approach tailored to their specific exercise needs.

Our therapy services are available seven days a week, including holidays, to accommodate your schedule.

Treatment plans are continuously updated, and each patient will be scheduled based on their tolerance, individual requirements, and insurance coverage.

We are dedicated to supporting you every step of the way on your path to recovery.

LONG-TERM CARE

Long-term care is available at our facility for patients needing a higher level of support. In addition to accepting private pay we are contracted with the most long-term care policies. Our business office will be happy to guide you through the next steps when applying for Medicaid.



DINING

Snacks are available between meals, Our dietary team provides quality and nutritious meals for breakfast, lunch, and dinner. Menu selection takes place every Monday for the week. Alternatives are available for every meal and "Always Available" menu includes snacks such as salads, sandwiches, cookies, chips, etc., are available between meals.

BREAKFAST - 7:30am

LUNCH - 12:00pm

DINNER - 4:30pm



ALWAYS AVAILABLE MENU

BEVERAGES

Coffee
Tea
Hot Cocoa
Juice
Milk

BREAKFAST

GRILL

Scrambled Eggs
Pancakes
Sausage
Bacon

CEREAL

Frosted Flakes
Raisin Bran
Crispy Rice
Toasty O's

HOT CEREAL

Oatmeal
Cream of Wheat

ADDITIONAL

Toast: Rye, Wheat, White
Fresh Fruit
PB&J

LUNCH / DINNER

OFF THE GRILL

Signature Burger (Mon, Weds, Fri)
Hot Dogs (Tues, Thurs, Sun)
Grilled Cheese

SANDWICHES

PB&J
Egg Salad
Tuna Salad
From the Deli
Roast Turkey
Ham

SALADS

Chef
Tuna
Garden

DRESSINGS

Italian
French
Caesar

DESSERTS

Pudding
Ice Cream
Cookies
Fresh Fruit with Cottage Cheese

*Subject to Availability

RECREATIONAL ACTIVITIES

Our recreation department plans activities with patients in mind. From group events, entertainment, bingo, and independent activities, there's something fun for everyone to do 7 days a week!

Activities calendars are posted throughout the building and given to each patient monthly.

SALON SERVICES

Salon and barber services are available onsite. Please see receptionist for salon schedule and to schedule your appointment. The price list is also available at the reception desk.



LAUNDRY

Laundry services are available upon request for all patients. Please complete the inventory sheet provided to you upon admission and submit it back to the front desk for processing.

MAINTENANCE

Maintenance is in the facility 7 days a week with emergency services available 24 hours a day, including holidays. Should you need maintenance for any reason, please inform a staff member.





IN-HOUSE PERITONEAL DIALYSIS

At Mystic Meadows, we provide specialized renal care, including onsite peritoneal dialysis, to make treatment more convenient and comfortable for our residents.

Under the expert leadership of Dr. Shah, our nephrology team delivers comprehensive treatment and education tailored to the unique needs of both long-term residents and subacute patients with chronic kidney disease. With state-of-the-art equipment, evidence-based practices, and a compassionate approach, we strive to enhance the quality of life for every patient.

MEMORY CARE

Our locked Dementia Unit provides a secure setting for long-term care residents with Alzheimer's, memory impairment, or other age-related cognitive challenges. Our Memory Care philosophy is centered on the belief that residents' abilities should be the focus rather than their limitations. By incorporating sensory-based stimulation and personalized, engagement-driven programs, we ensure that residents remain active and involved in a way that suits their abilities. Our well-trained team works closely with families, offering continuous support and collaboration to maintain a sense of familiarity and comfort.

GOOGLE REVIEWS



"At my visit to this facility I was challenged with a new log in process. Not technologically adept, I asked the nursing home attendant to assist. He was so very kind, left the front desk and talked me through the process. It is always a pleasure to engage with others who are willing as well as kind." - Beverly Cathy Barker



"I had an amazing experience at mystic meadows!!! The nursing staff and therapy staff were so caring!!!! I highly recommend this facility and I want to thank them for the most amazing patient care!!"

- Avromi Fisher



"My mom has been a resident at this facility for 2 plus years. I could not ask for better care for her. Dementia is a cruel disease but having caring, patient and loving care providers lessens my worries. The facility is clean and the food always looks good. Activities staff keep the residents busy and happy. The Harbor unit staff are the absolute BEST. Ruth...Arlene...Alice and all the staff on that unit are AMAZING. I highly recommend this facility. The Management here should be proud of their staff and themselves for running a top notch facility!!!!"

- Jeanette Mentuck



"I can NOT say enough! Wonderful Experience ALL Around!!! My father was here for Rehab for 3 Weeks & he Was In GREAT Hands! ALL of the staff are so friendly, caring & go ABOVE & BEYOND! They truly care about their patients & it shows!!! Thank you to ALL!"

- Bridget Tharp



"I would like to thank one of your Aides, Mary. She was so kind and compassionate to every resident who was in the Day room. I could not believe there are people like that who put their whole hearts into the patients. The receptionist was also very kind and nice. Grateful to meet people who can put a smile on your face. Good job!"

- Blessings Magomero



SCAN TO
READ MORE REVIEWS!

SEE WHAT'S HAPPENING
IN OUR COMMUNITY!



FOLLOW

TIME TO GET SOCIAL!

Be sure to follow us for our center's
latest news, activities and events!



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Instagram: @mysticmeadowsrehab

LinkedIn & Facebook: Mystic Meadows Rehab & Nursing





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