

Activities Calendar

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
 July 2026 Mallard and Comfort			 Morning Greetings Daily Chronicle Power Hour Sip and Socialize Mary Melodies 2pm Canada Day	 Morning Greetings Daily Chronicle Stretch and Sing Sip and Socialize Elvis Trivia Susan Sings 2pm	 Morning Greetings Daily Chronicle Sip and Socialize 4th of July Celebration in the Backyard.	 Morning Greetings Daily Chronicle Saturday Power Hour Sip and Socialize Patriotic Sing Along Guess the Song. Independence Day (U.S.)
 Morning Greetings Daily Chronicle Sunday Body Boost Sip and Socialize Freestyle Coloring Coffee and Convo	 Morning Greetings Daily Chronicle Stretch and Sing Sip and Socialize Puzzles Galore Team Trivia	 Morning Greetings Daily Chronicle Energy Boost Sip and Socialize Lucky Number Game Nine Hole Toss	 Morning Greetings Daily Chronicle Power Hour Sip and Socialize Balloon Volleyball Bingo Bash	 Morning Greetings Daily Chronicle Stretch and Sing Sip and Socialize Karaoke Trivia Hour	 Morning Greetings Daily Chronicle Power up Workout Sip and Socialize Mindful Coloring Afternoon Bingo	 Morning Greetings Daily Chronicle Saturday Power Hour Sip and Socialize Seashell Art Trivia Ball
 Morning Greetings Daily Chronicle Sunday Body Boost Sip and Socialize Color by Numbers Evening Movie	 Morning Greetings Daily Chronicle Stretch and Sing Sip and Socialize Bowling For Prizes Card Flip Game	 Morning Greetings Daily Chronicle Energy Boost Sip and Socialize Hand Massages Guy and Grace Basilie Day	 Morning Greetings Daily Chronicle Power Hour Sip and Socialize Price is Right Bingo	 Morning Greetings Daily Chronicle Stretch and Sing Sip and Socialize Summer Ocean Craft Sing along to the oldies	 Morning Greetings Daily Chronicle Power up Workout Sip and Socialize Art and Relaxation Afternoon Bingo	 Morning Greetings Daily Chronicle Saturday Power Hour Sip and Socialize Pokeno Trivia Hour
 Morning Greetings Daily Chronicle Sunday Body Boost Sip and Socialize High Low Game Lighthouse Alliance	 Morning Greetings Daily Chronicle Stretch and Sing Sip and Socialize Hot Potato Game Bingo	 Morning Greetings Daily Chronicle Energy Boost Sip and Socialize Brainiac Game Rising Sun Art	 Morning Greetings Daily Chronicle Power Hour Sip and Socialize Brain Buster Trivia Bingo Bash	 Morning Greetings Daily Chronicle Stretch and Sing Sip and Socialize Karaoke Trivia Hour	 Morning Greetings Daily Chronicle Power up Workout Sip and Socialize Creative Coloring Afternoon Bingo	 Morning Greetings Daily Chronicle Saturday Power Hour Sip and Socialize Balloon Volleyball Music and Memories
 Morning Greetings Daily Chronicle Sunday Body Boost Sip and Socialize Freestyle Coloring Movie Night	 Morning Greetings Daily Chronicle Stretch and Sing Sip and Socialize Card Flip Game Guess the Faces	 Morning Greetings Daily Chronicle Energy Boost Sip and Socialize Monthly Birthday Bash	 Morning Greetings Daily Chronicle Power Hour Sip and Socialize Fresh Air Social Bingo	 Morning Greetings Daily Chronicle Sip and Socialize Freestyle Painting AC Poker Mocktail Happy Hour	 Morning Greetings Daily Chronicle Power up Workout Sip and Socialize Mindful Coloring Afternoon Bingo	All Activities are subject to change. 